



CHANDRAKANTI RAMAWATI DEVI ARYA MAHILA P.G. COLLEGE

चन्द्रकान्ति रमावती देवी आर्य महिला पी.जी. कालेज

(Accredited by NAAC)

दीवान बाजार, गोरखपुर (उत्तर प्रदेश)

Mobile No-+91-9076651662

Mail ID- crdpgcollege.gkp@gmail.com

Address: New Colony, Dewan Bazar Gorakhpur -273001

**Chandrakanti Ramawati Devi Arya Mahila P.G.
College**

Diwan Bazar , Gorakhpur

Affiliated To D.D.U. Gorakhpur University , Gorakhpur

Date- 22-12-2022 to 22-03-2023

Place-Memorial Hall

“Yoga And Meditation”

Organized by B.Ed Department



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Permission Letter

Permission is granted to conduct three months
certificate Course in 'Yoga and Meditation" by B.Ed.
Department of Chandrakanti Ramawati Devi Arya
Mahila P. G. College, Gorakhpur, From 22/12/2022 to
22/03/2023.


प्रिन्सिपल
चन्द्रकान्ति रमावती देवी आर्य महिला
पी० जी० कॉलेज, गोरखपुर



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PROGRAM SCHEDULE

NAME OF THE PROGRAM: Certificate Course on “Yoga & Meditation” of Teaching

DURATION OF THE PROGRAMME:- 3 Months


INTRODUCTION

Certificate Course on “Yoga & Meditation” will be for 3 Month and conducted daily for one hour through offline mode. Its aim is to provide proper education to the students

FACULTY DETAILS

Teachers who attended the meeting-

1. Dr. Aparna Mishra
2. Dr. Etendradhar Dubey
3. Dr. Mamta Tiwari
4. Dr. Vikas Kumar Srivastava
5. Shri Anant Kumar Pathak
6. Dr. Sarika Pandey
7. Dr. Shailendra Kumar Rao
8. Smt. Shweta Singh
9. Smt. Richa Dubey
10. Aradhna Srivastava


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COURSE AIMS


This program aims to develop professional Yoga Instructor with requisite skills in planning, implementation, problem solving, consultancy and entrepreneurship. Through this rigorous program, students are able to teach Meditation and Yoga in all organizations globally, both in the public and the private sectors, thus meeting the demand for quality Yoga Instructor.

COURSE OUTCOME

After completion of the program the students would be able to perform:-

1. To perform some major detoxification techniques as yogic kriya.
2. To perform various important asanas and surya namaskar .
3. To practice various meditation techniques toward mental peace and eradicate unnecessary thoughts.

ASSESSMENT METHOD :- Practical Exam


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SYLLABUS

Theoretical study and practical practice of yoga

Unit -1 Introduction, meaning and definition of yoga, objectives of yoga, types of yoga.

Unit -2 Principles and other aspects of Yoga and Health

Asanas and exercises, precautions in yoga practice, rules of yoga practice.

Unit -3 Aspects related to Introduction to Asanas Asanas to be done while standing, asanas to be done while sitting, asanas to be done on the stomach, asanas to be done on the back.


Unit -4 Yoga Prevailing Side Introduction to Surya Namaskar, description of conditions of Surya Namaskar, benefits of Surya Namaskar.

Unit-5 Hathapradipika Meaning and definition of Pranayam, types of Pranayam, benefits and precautions.

MINUTES OF MEETING

REGARDING CERTIFICATE COURSE APPROVAL

1. "The Departmental Meeting was held on 12/12/2023 for following Matters to discussed in the meeting.
2. Teachers were introduced to plan various certificate courses in the department of B.Ed.
3. It was decided that the B.Ed Department will be conducting a certificate course on 'Yoga & Meditation '.


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4. It was decided that Dr. Aparna mishra, Dr. Etendra Dhar Dubey, Dr. Mamta Tiwari , Dr . Vikas Kumar Srivastava , Shri Anant Kumar Pathak , Smt. Shweta Singh , Smt. Richa Dubey , Dr. Sarika Pandey , Mr. Shailendra Kumar Rao , Aradhana Srivastava and external expert Dr. Rekha Srivastava, Dr. Virendra Kumar Gupta, Smt.Sonu Dubey and others would be the resource person for the certificate course .

COURSE OVERVIEW

The Value-Added Course on Skills and Techniques of Teaching was designed to enhance the pedagogical skills of B.Ed. students. The program aimed to equip participants with innovative teaching strategies, classroom management techniques, and assessment methodologies.

OBJECTIVES

- To develop effective teaching strategies.
- To enhance classroom management skills.
- To introduce modern assessment techniques.
- To foster collaborative learning among participants.


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ACTIVITY PICS





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ACTIVITY REPORT

From December 22, 2022, to March 22, 2023, a value-added course on 'Yoga and Meditation' was conducted. Through this course, students learned: - Major detoxification techniques through yogic kriya, Various important Asanas and Surya Namaskar, Meditation techniques for mental peace and eliminating unnecessary thoughts.

The course aimed to develop students' capacity. Evaluation was conducted through both written and practical methods. A total of 100 students participated in this course.


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ATTENDANCE


प्रिन्सिपल
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चन्द्रकान्ति रमावती देवी आर्य महिला स्नातकोत्तर महाविद्यालय
गोरखपुर



व्याख्यान पंजिका
Lecture Register

Certificate Course on

विषय... योग और Meditation... प्रश्न पत्र... CC XM
कक्षा... B.F.D... अनुभाग... 2303
नाम प्रदत्ता.....

सत्र. 2022-23.....

व्याख्यान पंजिका LECTURE REGISTER

विषय ५०१०५५ Medicine पत्र _____ कक्षा B. Ed अनुभाग _____

क्र.सं.	नाम छात्र/छात्रा	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
1	Chandani Jaiswal																							
2	Km. Anshu																							
3	Tasmiya Siddiqui																							
4	Shivangi Yadav																							
5	Shruti Gupta																							
6	Nishi Gupta																							
7	Dhyanesh Agrahari																							
8	Dhyanesh Singh																							
9	Dhyanesh Singh																							
10	K.M. Manish																							
11	Kanchan Gupta																							
12	Pooja Yadav																							
13	Kishan Khatun																							
14	Pooja Yadav																							
15	Pooja Yadav																							
16	Mahima Pandey																							
17	Shivangi Yadav																							
18	Shivangi Gupta																							
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29	Pragya Kumari																							
30	Meharshi Pandey																							
31	Shivangi Singh																							
32	Rishi Khatun																							
33	Shivangi Singh																							
34	Km. Suman																							
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39	Shivangi Singh																							
40	Km. Suman																							
41	Tanjum Khatun																							
42	Shivangi Khatun																							
43	Shivangi Gupta																							
44	Rashmi Singh																							
45	Pragya Singh																							
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प्रबन्धना के हस्ताक्षर

व्याख्यान पंजिका LECTURE REGISTER

विषय Yashwantrao Chavan Pratishthan पत्र कक्षा B.D अनुभाग

क्र० सं०	नाम छात्र/छात्रा	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
11	Shreyas Disha Mawya																						P	A
12	Anuja Srivastava																						P	P
13	Sanam Kumari																						P	P
14	Pargam Kumar Chaudhary																						P	P
15	Madhusri Singh																						P	P
16	Tammi Singh																						P	P
17	Vastika Srivastava																						P	P
18	Riti Ka Verman																						P	P
19	Sanju Yadav																						P	P
20	Km. Gubhina																						P	P
21	Affshan Khan																						P	P
22	Nigam Jodhan																						P	P
23	Km. Kuchbaa																						P	P
24	Jyoti Sharma																						P	P
25	Priiti Sharma																						P	P
26	Mamamman Gupta																						P	P
27	Rupal Kumari																						P	P
28	Manvika Desivadi																						P	P
29	Priiti Kumari																						P	P
30	Shantika Singh																						P	P
31	Ranjana Karmuiga																						P	P
32	Ashwini Aggarwal																						P	P
33	Pratibha Kuchwala																						P	P
34	Anjali Tiwari																						P	P
35	Shalini Taidathi																						P	P
36	Shivani Chaudhary																						P	P
37	Medha Shukla																						P	P
38	Rupal Chandra																						P	P
39	Shakunika Singh																						P	P
40	Shweta Gupta																						P	P

10/01/2024

प्रवक्ता के हस्ताक्षर

कक्षा B.E.D अनुभाग

प्रयवत्ता के हस्ताक्षर

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विषय Phy & Med पत्र

कक्षा 12 ED अनुभाग

क्र० सं०	नाम छात्र/छात्रा	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
01	Shakya Pisha Maniya	A	P	P	P	P	P			A	P	P	P	P			P	A	P	P	P	P	P	P
02	Anuja Saini	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
03	Sanam Kumari	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
04	Parvati Kumari Ch.	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
05	Madhuri Singh	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
06	Ramji Singh	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
07	Arpita Saini	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
08	Ritika Verma	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
09	Sanju Yadav	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
10	Ken. Sushma	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
11	Shisham Khan	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
12	Nigam Jatin	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
13	Ken. Kishore	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
14	Prati Sharma	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
15	Prati Sharma	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
16	Manoj Kumar Gupta	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
17	Prati Kumari	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
18	Prati Kumari	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
19	Prati Kumari	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
20	Shakti Singh	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
21	Ranjana Kamran	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
22	Prati Singh	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
23	Prati Singh	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
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25	Prati Singh	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
26	Prati Singh	P	P	P	P	P	P			P	P	P	P	P			P	P	P	P	P	P	P	P
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हस्ता के हस्ताक्षर

विषय 4998 Medicine पत्र _____ कक्षा B.D अनुभाग _____


Principal
Chandrakanti Ramawati Devi
Arya Mahila P.G. College
Gorakhpur

व्याख्यान पंजिका LECTURE REGISTER

विषय 1966 Medical Science पत्र

कक्षा B.E.D अनुभाग

क्र.सं.	नाम छात्र/छात्रा	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
21	Shakya Pishor Manuaya	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
22	Manita Srivastava	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
23	Sansam Kumari	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
24	Pamam Kumari Chau.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
25	Madhuri Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
26	Tamji Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
27	Shakti Ka Srivastava	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
28	P. K. Ka Verma	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
29	Sanjiv Yadav	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
30	Km. Sushma	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
31	Ajithan Khan	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
32	Nigam Lal Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
33	Km. Kushboo	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
34	Jyoti Sharma	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
35	Pavti Sharma	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
36	Manjaram Chakraborty	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
37	Pavai Kumar	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
38	Manvita Pulivadi	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
39	Pavti Kumari	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
40	Shaktika Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
41	Ranjana Karmaria	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
42	Aruni Aggarwal	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
43	Shaktika Kishwaha	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
44	Anjali Tiwari	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
45	Shabini Tiwari	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
46	Shwami Chaudhary	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
47	Medha Shukla	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
48	Rupesh Chandel	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
49	Shwami Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
50	Shweta Chakraborty	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
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क्र.सं.	नाम छात्र/छात्रा	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
1	Chander Jaiswal	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2	Km. Anjani	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
3	Tasmin Shah	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
4	Shivangi Yadav	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
5	Amrta Jaiswal	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
6	Miti Gupta	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
7	Devanshi Agrahari	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
8	Divyanshi Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
9	Parasham Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
10	Km. Manjari	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
11	Kamla Gupta	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
12	Priya Yadav	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
13	Roham Khatun	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
14	Pooja Verma	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
15	Priya Gahani	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
16	Mahim Pandey	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
17	Ashwini Gahani	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
18	Ashwini Gahani	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
19	Shalini Tairathi	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
20	Shalini	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
21	Garima Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
22	Garima Pandey	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
23	Garima Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
24	Shivani Verma	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
25	Garima Maurya	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
26	Kushal Sahani	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
27	Pragya Pandey	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
28	Utkarsh Yadav	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
29	Rishi Kumar	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
30	Meenakshi Pandey	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
31	Shalini Tairathi	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
32	Rishi Kushwaha	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
33	Sarika Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
34	Km. Suman	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
35	Nidhi Srivastava	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
36	Nidhi Srivastava	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
37	Priya Jaiswal	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
38	Shivani Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
39	Utkarsh Yadav	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
40	Km. Anjani	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
41	Tarun Jaiswal	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
42	Shivani Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
43	Shivani Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
44	Rubali Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
45	Pragati Srivastava	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
46	Rashmi Jaiswal	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
47	Saloni Chauhan	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
48	Sarika Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
49	Ashish Iktal	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
50	Riya Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
51	Shanti Rai	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
52	Ashwini Shukla	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
53	Km. Anjani	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
54	Ritu Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
55	Utkarsh Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
56	Shivani Pandey	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
57	Aarti Yadav	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
58	Aarti Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
59	Shweta Shukla	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
60	Kajal Gupta	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
61	Pooja Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
62	Ashwini Gupta	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
63	Tarun Mishra	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
64	Ashish Pandey	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
65	Prashant Yadav	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
66	Km. Anjani	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
67	Km. Santosh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
68	Utkarsh Yadav	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
69	Tanya Mishra	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
70	Chandni Srivastava	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P

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क्र.सं०	नाम छात्र/छात्रा	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
1	Shakya Dishar Manuqa	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2	Anuraj S. Sivasatava	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
3	Sandip Kumar	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
4	Padman Kumar Chaur	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
5	Madhavi Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
6	Tanvi Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
7	Vartika Sivasatava	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
8	Ritika Varma	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
9	Sanjay Yadav	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
10	Km. Sashima	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
11	Affsham Khan	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
12	Nigam Lakshmi	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
13	Km. Kishor Babu	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
14	Shakti Sharma	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
15	Prati Sharma	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
16	Manorama Gupta	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
17	Prati Kumari	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
18	Aravinda Dwivedi	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
19	Prati Kumari	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
20	Shrutika Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
21	Ranjana Karmajia	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
22	Ayushi Aggarwal	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
23	Pratibha Kishor Babu	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
24	Anjali Tawari	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
25	Shalini Tawari	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
26	Shivani Chauhan	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
27	Medha Shukla	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
28	Rupal Chaud	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
29	Abarna Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
30	Shweta Gupta	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
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