



**CHANDRAKANTI RAMAWATI DEVI ARYA MAHILA P.G. COLLEGE**

**चन्द्रकान्ति रमावती देवी आर्य महिला पी.जी. कॉलेज**

(Accredited by NAAC)

दीवान बाजार, गोरखपुर (उत्तर प्रदेश)

Mobile No-+91-9076651662 Mail ID- [crdpcollege.gkp@gmail.com](mailto:crdpcollege.gkp@gmail.com)

Address: New Colony, Dewan Bazar Gorakhpur -273001

### **Title: Empowering Daughters with Education and Extracurricular Excellence**

In a world where education serves as a catalyst for social change, CRDAM P.G. College, stands as a beacon of hope and progress for rural women, especially those from underprivileged backgrounds. Established in 1990, this institution has made it its mission to provide opportunities for higher education to rural girls, empowering them to pursue their dreams and contribute positively to their families and society. With a focus on nurturing talent, knowledge, and humility, the college has embarked on various initiatives to promote women's education, making it a distinctive practice that reflects its priorities and aspirations.

### **A Commitment to Empowerment**

The college's commitment to empowering girls through education is rooted in the belief that when you educate a woman, you educate the entire society. This philosophy has driven the institution to focus on the comprehensive development of its students, fostering an environment where they can thrive academically, emotionally, and socially. The college recognizes that many of its students come from economically disadvantaged backgrounds, yet they possess immense potential waiting to be unleashed.

To harness this potential, the college staff is dedicated to identifying and nurturing the talents of each student, offering them guidance and support tailored to their individual needs. This personalized approach aligns with the college's mission to integrate girls into the mainstream of higher education, breaking down barriers that may have hindered their academic aspirations.

### **Engaging the Community: A Call from the Governor**

In a remarkable display of commitment to the cause of women's education, Governor Anandi Ben Patel has encouraged institutions like CRDAM P.G. College to take proactive steps towards fostering parental involvement in their daughters' education. Recognizing the pivotal role parents play in shaping their children's futures, the college has organized numerous initiatives aimed at engaging families and emphasizing the importance of education.

The college's outreach efforts include awareness campaigns, seminars, and workshops designed to educate parents about the benefits of higher education for their daughters. By highlighting success stories and the transformative power of education, the college aims to inspire parents to support their daughters' aspirations and encourage them to pursue higher education.

  
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## Women Empowerment Programs

CRDAM P.G. College has implemented various women empowerment programs that not only focus on academic excellence but also on building confidence and resilience among its students. Regular workshops and seminars are held, featuring eminent women personalities who share their experiences and insights on various issues faced by women in society. These sessions have proven to be invaluable in helping students navigate the challenges of life while instilling a sense of pride and self-worth.

One such initiative is the annual program, "Healthy Strong Women is the Foundation of a Healthy Society," organized on International Women's Day. This program has significantly contributed to enhancing the spiritual, educational, social, and health status of girl students. By addressing issues such as physical health, mental well-being, and self-confidence, the college empowers its students to become advocates for change within their communities.

## Extracurricular Activities and Sports

CRDAM P.G. College recognizes that education extends beyond the classroom. The college encourages students to actively participate in extracurricular activities and sports, providing them with a well-rounded educational experience. The Games Committee has been instrumental in organizing various sports activities, including kho-kho, chess, volleyball, and shuttle badminton.

Participation in sports not only promotes physical fitness but also instills values such as teamwork, discipline, and perseverance. These qualities are essential for students as they navigate the challenges of higher education and life beyond the college walls. By encouraging active participation in sports, the college empowers its students to develop a sense of camaraderie and support, fostering a community that celebrates each other's successes.

## Holistic Development Through Co-Curricular Activities

In addition to sports, the college offers a wide range of co-curricular activities, including the National Cadet Corps (NCC) and National Service Scheme (NSS). These programs play a crucial role in instilling a sense of responsibility and civic engagement among students. By actively participating in community service and leadership training, students develop the skills necessary to become agents of change in their communities.

The college's emphasis on cultural programs further enriches the educational experience of its students. Through participation in various cultural activities, students can express their creativity, build self-confidence,

  
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and appreciate the diversity of their heritage. This holistic approach to education ensures that students are not only academically proficient but also socially conscious individuals prepared to contribute to society.

### **Sustained Progress in Women Empowerment**

Over the years, CRDAM P.G. College has witnessed substantial progress in the field of women empowerment. The institution's dedicated efforts to uplift and support women have been recognized and appreciated within the community and beyond. The college strives to raise the status of women in every field, promoting gender equality and ensuring that every girl student feels valued and capable of achieving her dreams.

The college's initiatives align with the vision of Governor Anandi Ben Patel, who advocates for the education and empowerment of women. By fostering a culture of support and encouragement, the college contributes to the state's broader goals of increasing literacy rates and promoting gender equity.

### **Conclusion:**

CRDAM P.G. College, Gorakhpur, exemplifies a distinctive practice in empowering daughters through parental encouragement for higher education. By engaging families, implementing women empowerment programs, addressing health issues, and promoting extracurricular activities, the college creates a nurturing environment where girls can flourish academically and personally.

As the institution continues its mission of empowering women, it remains committed to fostering a culture of support and encouragement, inspired by the words of Governor Anandi Ben Patel. Through these collective efforts, College not only transforms the lives of its students but also contributes to the progress and betterment of society as a whole. Empowering daughters through education is not just a goal; it is a movement toward a brighter and more equitable future for all.

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## Awareness Program on Women Security

Date:- 12/09/2022

**Objective:** Empower female students with knowledge on personal security and self-defense.

**Participants:** 200 female students from CRDAMPG College Gorakhpur.

### Key Topics Covered:

- Personal safety tips and self-defense techniques.
- Understanding and asserting personal boundaries.
- Legal rights and available support services.
- Recognizing signs of abuse and how to seek help.

**Speakers:** Police Experts.

- Interactive Elements: Demonstrations, role-playing scenarios, Q&A sessions.
- Materials Distributed: Safety pamphlets, emergency contact information.
- Outcome: Increased awareness and confidence among students.





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### Awareness Program on Women Security

Date - 27/06/2021

Organized by: Chandrakanti Ramawati Arya Mahila P.G. College, Gorakhpur

On June 27, 2021, Chandrakanti Ramawati Arya Mahila P.G. College, Gorakhpur, organized an Awareness Program on Women Security aimed at educating and empowering female students and staff. The program addressed critical issues surrounding women's safety, both on and off campus. Expert speakers from law enforcement and women's rights organizations were invited to discuss topics such as self-defense techniques, legal rights, and the importance of vigilance in daily life. The event also featured interactive sessions where participants engaged in discussions about real-life scenarios and effective safety strategies. Additionally, the program emphasized the role of technology in enhancing personal security, encouraging the use of safety apps and emergency helplines. The initiative was well-received, fostering a greater sense of confidence and awareness among the participants, and reinforcing the college's commitment to creating a safe and supportive environment for all its members.



  
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Date - 08/3 /2021

**Awareness Program on Women Security Gender awareness programme under APRAJITA AMAR UJALA PRESS**

On March 8, 2021, Chandrakanti Ramawati Arya Mahila P.G. College, Gorakhpur, in collaboration with the Amar Ujala Press under the APRAJITA initiative, organized an Awareness Program focused on Women Security. This event, held on International Women's Day, aimed to empower women by raising awareness about their rights and safety measures. The program emphasized the importance of gender sensitivity and highlighted the need for a secure environment for women both on and off campus. Various sessions covered topics such as self-defense, legal rights, and the role of society in ensuring women's safety. Experts from different fields addressed the participants, providing valuable insights and practical advice. The program was well-received by students and faculty alike, reinforcing the college's commitment to promoting gender equality and women's empowerment. The event concluded with a pledge to continue working towards creating a safer and more inclusive environment for all women.



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## Taekwondo training

Date - 29/11/2019

On November 29, 2019, Chandrakanti Ramawati Devi Arya Mahila P.G. College organized a comprehensive Taekwondo training session aimed at empowering female students through martial arts. The session was conducted by experienced trainers who introduced participants to the fundamentals of Taekwondo, including techniques in self-defense, discipline, and physical fitness.

Students actively engaged in various drills that enhanced their agility, strength, and coordination. The training not only focused on physical skills but also emphasized mental resilience and self-confidence. Participants learned the significance of self-defense techniques in promoting safety and empowerment.

The event concluded with an interactive Q&A session, allowing students to clarify doubts and share their experiences. This initiative successfully encouraged students to embrace a healthy lifestyle while fostering a spirit of teamwork and self-discipline. Overall, the Taekwondo training session was a valuable addition to the college's extracurricular activities, promoting empowerment among young women.





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### Women Power Training

Date - 6/9/2022

On September 6, 2022, Chandrakanti Ramawati Devi Arya Mahila P.G. College organized a Women Power Training Program in collaboration with the local police department. The initiative aimed to empower female students by equipping them with essential self-defense techniques and legal knowledge to enhance their safety and confidence in various situations.

The program featured expert trainers from the police force who demonstrated practical self-defense methods and provided valuable insights into legal rights and resources available to women. Interactive sessions encouraged participants to engage actively, fostering a supportive environment for discussion on women's safety issues.

The training was well-received, with over 100 students participating, highlighting the college's commitment to promoting women's empowerment and safety. The event concluded with a pledge from participants to share the knowledge gained and encourage others to take charge of their safety.





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### NATIONAL LEVEL TEAKWONDO STUDENS

Date - 4/10/2019

On October 4, 2019, students from Chandrakanti Ramawati Devi Arya Mahila P.G. College participated in a National Level Taekwondo Competition held in Gorakhpur. The event attracted talented athletes from various states, showcasing their skills in this dynamic martial art. Our college was represented by a team of dedicated and enthusiastic participants who demonstrated exceptional talent and sportsmanship.

The competition included various categories, such as sparring and poomsae, allowing students to compete at different skill levels. Our athletes not only competed fiercely but also gained invaluable experience and confidence through this national platform. The event highlighted the importance of physical fitness and discipline, promoting a spirit of healthy competition among young women. The college congratulates all participants and looks forward to continued success in future competitions, reinforcing its commitment to fostering sports and extracurricular activities for empowering students.



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Date :-26/10/2018

#### MISSION SAHASI UNDER THE PLATFORM OF ABVP

On October 26, 2018, Chandrakanti Ramawati Devi Arya Mahila P.G. College participated in "Mission Sahasi," organized under the platform of Akhil Bharatiya Vidyarthi Parishad (ABVP). This initiative aimed to empower young women by enhancing their self-defense skills and instilling confidence. The event featured expert trainers who conducted interactive workshops on self-defense techniques, emphasizing the importance of personal safety and self-empowerment.

Students actively engaged in practical sessions, learning various self-defense maneuvers and strategies to handle potential threats. The program also included discussions on women's rights and the significance of standing up against violence and harassment.

"Mission Sahasi" was well-received, with participants expressing gratitude for the knowledge and skills gained. The college reaffirmed its commitment to promoting women's empowerment and safety, encouraging students to be vigilant and confident in their abilities. This initiative successfully contributed to the overall development and empowerment of young women in the community.





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DATE :- 15/07/2022

### Awareness Program on Women Security

On July 15, 2022, Chandrakanti Ramawati Devi Arya Mahila P.G. College organized an awareness program focused on women's security. The event aimed to educate students about safety measures, self-defense techniques, and legal rights. Renowned speakers, including local law enforcement officials and women's rights activists, conducted interactive sessions, highlighting the importance of self-protection and reporting incidents of harassment.

Participants engaged in practical demonstrations of self-defense tactics, fostering confidence and empowerment among attendees. Informational brochures were distributed, detailing helplines and support services available for women in need. The program successfully created an environment where students felt encouraged to discuss their concerns and share experiences.

This initiative reinforced the college's commitment to promoting a safe and secure atmosphere for women, emphasizing that awareness and preparedness are vital in ensuring personal safety. The event concluded with a pledge by attendees to advocate for women's rights and security in their communities.





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Date:- 26/09/2021

### AWARENESS Campaign for Women Crime Control

On September 26, 2021, Chandrakanti Ramawati College organized an awareness campaign focused on Women Crime Control. The event aimed to educate students and the community about women's safety, legal rights, and available support systems. Workshops and interactive sessions were conducted, featuring local law enforcement officials and women's rights activists who shared insights and strategies for preventing crimes against women. Participants engaged in discussions and role-playing scenarios to understand how to respond to various situations effectively. The campaign successfully fostered a sense of empowerment among women, encouraging them to speak out against violence and seek help when needed.





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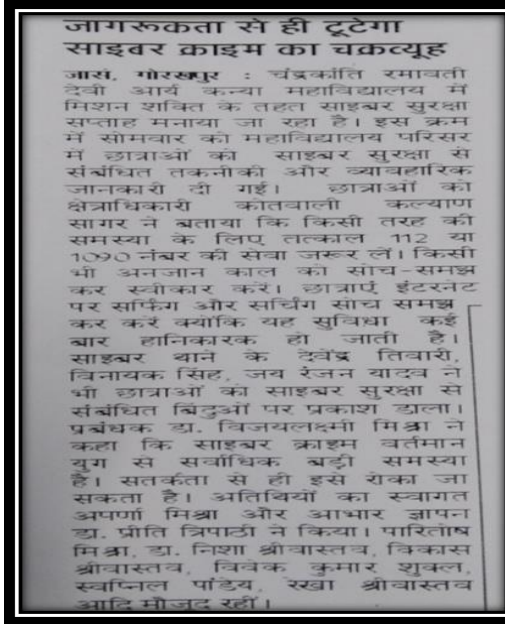
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Date:- 13/09/2021

### Cyber Security Awareness Program by Gorakhpur cyber Thana

On September 13, 2021, Chandrakanti Ramawati Devi Arya Mahila P.G. College collaborated with Gorakhpur Cyber Thana to conduct a Cyber Security Awareness Program. The event aimed to educate students and faculty about the importance of cybersecurity in the digital age. Experts from the Cyber Thana delivered insightful presentations on safe internet practices, identifying cyber threats, and protecting personal information online. Interactive sessions allowed participants to ask questions and share experiences, enhancing their understanding of cybersecurity measures. The program successfully raised awareness about the risks associated with online activities and empowered attendees to adopt safer digital habits.





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### Women day celebration on 8th march by DIPTY FOUNDATION in college campus 2023

On March 8, 2023, the DIPTY Foundation organized a vibrant Women's Day celebration on our college campus. The event aimed to honor and empower women, featuring inspiring speeches by prominent women leaders and activists. Various activities included a panel discussion on women's rights, cultural performances, and interactive workshops focusing on self-defense and mental well-being. Students actively participated, sharing their thoughts and experiences. The celebration concluded with a pledge to promote gender equality and support women's empowerment initiatives. This event fostered a sense of community and solidarity among students and staff, highlighting the importance of women's contributions to society.





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## Yoga day celebration on 5 jun in college campus 21 jun 2023

On March 8, 2023, the DIPTY Foundation organized a vibrant Women's Day celebration on our college campus. The event aimed to honor and empower women, featuring inspiring speeches by prominent women leaders and activists. Various activities included a panel discussion on women's rights, cultural performances, and interactive workshops focusing on self-defense and mental well-being. Students actively participated, sharing their thoughts and experiences. The celebration concluded with a pledge to promote gender equality and support women's empowerment initiatives. This event fostered a sense of community and solidarity among students and staff, highlighting the importance of women's contributions to society.



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### SPORTS PROGRAMME 2019

In 2019, our college organized a comprehensive Sports Programme aimed at promoting physical fitness and team spirit among students. The event included various competitions in athletics, basketball, volleyball, and badminton, encouraging participation from all departments. Students showcased their skills and sportsmanship, with many winning accolades for their performance. The programme also featured workshops on the importance of sports in education and personal development. Faculty members actively supported the event, fostering a competitive yet friendly atmosphere. The Sports Programme successfully highlighted the significance of physical activity in the overall development of students, encouraging a lifelong commitment to fitness and well-being.





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**CHANDRAKANTI RAMAWATI DEVI ARYA MAHILA P.G. COLLEGE**

**चन्द्रकान्ति रमावती देवी आर्य महिला पी.जी. कालेज**

(Accredited by NAAC)

दीवान बाजार, गोरखपुर (उत्तर प्रदेश)

Mobile No-+91-9076651662 Mail ID- [crdpgcollege.gkp@gmail.com](mailto:crdpgcollege.gkp@gmail.com)

Address: New Colony, Dewan Bazar Gorakhpur -273001

### Constitution day celebration on 26 November 2022

On November 26, 2022, Chandrakanti Ramawati Devi Arya Mahila P.G. College celebrated Constitution Day with great enthusiasm. The event commenced with a ceremonial flag hoisting, followed by the reading of the Preamble to the Constitution. Faculty and students participated in discussions highlighting the significance of constitutional values such as justice, liberty, and equality. A cultural program showcased skits and songs promoting awareness about fundamental rights and duties. The celebration aimed to instill a sense of pride and responsibility among students regarding their roles as citizens. The day concluded with a pledge to uphold the Constitution and its ideals.





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**Yoga day celebration ON 21<sup>ST</sup> JUNE 2023 BY NSS**

### **Yoga Day Celebration Report (June 21, 2023)**

On June 21, 2023, the NSS Department at Chandrakanti Ramawati Devi Arya Mahila P.G. College celebrated International Yoga Day with great enthusiasm. The event began with an enlightening session on the significance of yoga for physical and mental well-being. Students and faculty participated in various yoga asanas and meditation techniques, guided by experienced instructors. The program emphasized the importance of incorporating yoga into daily life for overall health. Participants shared their experiences, fostering a sense of community and mindfulness. The celebration concluded with a pledge to practice yoga regularly and promote its benefits within the college and the broader community.



*[Signature]*  
पाठ्याचार्य

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